



# 2025 EARTH DAY



## JUNIOR CHEF CONTEST

### FOR BEST SUSTAINABLE RECIPE!

**STUDENTS PRE-K TO 12<sup>TH</sup> GRADE, EACH GRADE WILL HAVE A WINNER!** So many of you are junior chefs because you love to cook at home whether you're helping a parent make dinner or you even have a favorite snack you like to make! **IN HONOR OF EARTH DAY,** we would like to challenge our Junior Chefs for the **BEST SUSTAINABLE RECIPE** using 1 of the items listed below. We will be judging on any or all of the following: *creativity, sustainability, originality, presentation*. There will be 1 winner per grade level, Pre-K to 12th Grade. Winners will receive a \$35 Amazon Gift Card and your recipe may be featured on your school menu!

**EMAIL YOUR SUBMISSIONS NOW THROUGH 4/18. WINNERS WILL BE ANNOUNCED ON EARTH DAY, APRIL 22ND.**

Your Sustainable Recipe must include 1 of the items below. You are allowed to use more than 1 but it does not affect chances of winning so 1 of the below is okay!

- CRAISINS
- EDAMAME
- LENTILS
- QUINOA
- SWEET POTATOES
- TOMATOES
- CABBAGE
- CHIA SEEDS
- CHICKPEAS

#### **RULES:**

- Recipe must be sesame-free, nut-free, and tree nut-free.
- You can use the seasonings of your choice.
- Contest is only open to students who attend schools that Maschio's serves.



Please email submissions to [sharont@maschiofood.com](mailto:sharont@maschiofood.com) now through Friday 4/18 with subject line: **2025 EARTH DAY CONTEST.**  
**SUBMISSION MUST INCLUDE:** Student Full Name and Grade, School Name, City & State, Recipe Name with Ingredients/Directions. Photo of the Yummy Finished Recipe.

Maschio's will also be sharing your submitted photos on our social media and/or website with your first name only, school, and grade.

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